

**MESCO**<sup>®</sup>  
A TRUST SINCE 1968

*Helping people live a better tomorrow*

❀ *Ramzan Mubarak* ❀

## NEWSLETTER

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Dear Readers,

Ramadan Kareem Mubarak!

May Almighty give you all the prosperity, success and bless you with happiness, wealth, give you a healthy life and peace of mind. Ramadan is Islam's holy month, it is one of the five pillars of Islam. Ramadan is observed by Muslims worldwide as a month of fasting, prayer, reflection and community and many Muslims donate a larger portion of their yearly Zakat during this month.

Zakat is also one of the most important pillars of Islam. It is a religious obligation for all Muslims who meet the necessary criteria to donate a certain portion of their wealth each year to charitable causes. It is said to purify yearly earnings that are over and above what is required to provide individuals and their families with their essential needs. Last year, at MESCO we utilized the zakat and other general donations given by our donors through different schemes. 4184 Educational Scholarships were provided to the deserving students, 519 Medical Aid was given to needy patients, 403 underprivileged families were supported through monthly ration and 97 needy women were empowered by giving sewing machines.

At MESCO we help people irrespective of their caste, creed and gender, when we work for the new or push ourselves ahead in search of fulfilment and change, we do so in a collective progress. We walk with the energy of our donors, well wishers, committee members and volunteers and then add our own. We, in turn, become mediums of what's possible. On this platform we take this opportunity to thank all our donors and well-wishers for their continuous support through their generous donations and we would also like to thank all our volunteers and committee members for their constant encouragement and unconditional support and guidance.

We are honoured to announce the publication of the April 2023 newsletter of MESCO. It is well known that what is not measured cannot be improved. In this newsletter of MESCO, we have tried to make some contribution to its improvement, and in the hope that this newsletter will become a useful document for you to know the activities of MESCO that happened in the previous quarter.

**There is always Goodness  
in Giving no matter how little it is.**

### EDUCATION DEPARTMENT

• Ms. Shabana Khan, Education Counselor, MESCO conducted **Career Guidance** Session at CHIP organization for Std. XII students on Thursday, 12<sup>th</sup> January 2023.

• **Top Ranking Students' Felicitation Function** was held on Saturday, 21<sup>st</sup> January 2023 at National College, Bandra.

• Ms. Humera Shaikh, Education Counselor, MESCO conducted session on **"Parenting over all development of a child"** for the parents of MES Angels' Paradise Nursery School Bandra West on 25<sup>th</sup> January, 2023.

• **"Career Guidance"** session was held at Genius International English School & Patel School, Mumbra by Ms. Shabana Khan & Ms. Humera Shaikh, Education Counselors, MESCO.

• Ms. Shabana Khan did a presentation at the Online International Conference, 20<sup>th</sup> Samanvaya on **"Raising Children in the Digital World"**.

• **Medical Students' Get-together** was held on Saturday 18<sup>th</sup> February, 2023 at AILSG, Andheri (W). Session on Bone Health and Mental Health was conducted by Dr. Aftab Malpur, MS (Orthopaedic), AIIMS (Delhi), MBBS (Mumbai) and by Dr. Ruksheda Sayyeda, Consultant, Trellis Family Centre respectively.

• A session for **MERIT**, TISS project on Career Guidance for Std. VIII, IX and X was conducted by Ms. Shabana Khan, Education Counselor, MESCO.

• Ms. Shabana Khan conducted Group Counseling Sessions for the IX, X, Graduation, and Dropout students at CHIP Mumbai on 2<sup>nd</sup> February 2023.

• **Engineering students' Get-together** was held at Nirmala Niketan College, Goregaon on Saturday, 18<sup>th</sup> March 2023. Session on Stress Management by Mr. Prajesh Trotsky, Life Coach, Motivator and Trainer, Ethics & Values by Principal Ashfaque, I/C Principal-Rizvi College. Campus to Corporate by Mr. Saeed Ansari, Vice President, HDFC Bank were the major highlights of the programme.



## SUCCESS STORY

Riyaz's was a little shy boy when he was enrolled in Education adoption scheme of MESCO, he was inducted in MESCO's scheme due to his merit and financial background of his family, his father was a Air conditioner mechanic and mother was a home maker. Riyaz's three siblings studied in local vernacular medium school in the area of Govandi, Mumbai. Riyaz completed his schooling in Urdu medium school and managed to score good grades in SSC. He passed HSC also with good grades and secured a government seat for a bachelor's degree in Engineering, he completed his B.E. in Mechanical Engineering with distinction and after working for more than 2 years, now he is pursuing a Master's of Science from Germany.



Riyaz Ahmed Qamrul Huda Shaikh

"MESCO has not only supported me financially but also helped me to improve as an individual by making me a part of the MESCO family and providing me with enough well-structured development and guidance. This gave me enough learning opportunities and confidence to work on myself and face every challenge not only as a student but also as a person. All this has helped me a lot during my bachelor's and working tenure, and with that, I was able to deliver good results. MESCO directed me towards my goals and ensured I'm on the right track by continuously monitoring my progress and providing feedback for improvement as a family".

## MEDICAL DEPARTMENT

MESCO's Medical Aid department has been working with various government hospitals such as L.T.M.G. Hospital, K.E.M. Hospital, B.Y.L. Nair Hospital, J.J. Hospital, G.T. Hospital, St. George Hospital, Bhabha Hospital since its inception. With the help of its donors MESCO provides financial assistance to the poor patients for their surgeries and treatments at Govt. hospitals. MESCO was invited by the Social Service Department of KEM Hospital, Parel for "Donors Felicitation Programme held on 23<sup>rd</sup> Feb 2023. MESCO was felicitated by the Chief guest of the programme Mrs. Medha Prabhu Desai Former CDO, KEM Hospital.



On the Occasion of "World Kidney Day", MESCO organized Health Awareness programme on 9<sup>th</sup> March 2023. Chronic kidney disease, CRF and diabetic patients attended the programme. Nephrologist Dr. Mustafa Khokhawala and dietician Ayesha Ghadigaonkar conducted the



sessions on Detection and prevention of kidney disease and diet in Kidney disease and Chronic renal failure disease respectively. The programme was very informative and proved to be very useful for the patients.



The 6 months Dialysis Form Distribution programme took place on 12<sup>th</sup> March, 2023 at Anjuman Islam, Khalifa Ziauddin Girls Primary School, Mahim. 87 patients turned up for the same. 37 beneficiaries were selected through lottery, patients came from across Mumbai. The application is under process and the patients will be given medical aid assistance to cover their 6 months dialysis cost.

## GRATITUDE STORY

Baby Nirvi is 3 yrs old girl, was suffering from Pre-B Acute Lymphoblastic Leukemia (type of blood cancer). When the family got to know about her disease it was a nightmare for them. Baby Nirvi required Chemotherapy treatment at Bai Jerabai Wadia Hospital for the children and needed further line of treatment. The cost of treatment was Rs. 3,00,000/- and it was becoming



increasingly difficult for the family to manage expenses. They had exhausted their personal savings and help received from relatives was also limited. Nirvi's father was the sole earning member of the 5 members family living in a rented house with very basic amenities at Mira Road. He was working as a salesman at a garment shop, earning a nominal income of Rs. 10,000/- p.m. With these limited resources it was very difficult for the family to arrange for the funds. Nirvi's father ran from pillar to post for the arrangement of funds. He was guided to MESCO by the hospital. It was a Nirvi's father's faith that she will live a normal life one day. MESCO helped her and also guided them to approach other trusts for help. Due to timely treatment, today Nirvi is able to live a normal life. The family is very thankful to all the donors for their timely assistance.

## CLINICS DEPARTMENT

During the reporting quarter, the Clinic Department provided quality primary care services to 1327 patients at Medical-Aid Dispensary, Mumbra, Amrut Nagar and a total of 112 patients at Umair Khopekhar Charitable Physiotherapy Centre.

The clinic department express its sincere gratitude to Dr. Pokar (Bhiwandi) & Ms. Shabana Kazi (Dockyard Road) for their in kind donation of medicines.

**RELIEF OF POVERTY**

**Sewing Machine Lottery**

Every month detail of beneficiaries are taken in the given format on phone. Later we draw lottery through software for Zakat and Non Zakat cases separately. Selected beneficiaries are called at office along-with documents and are registered, then a trade test is conducted followed by personal interview at our office and finally selected cases are called in the office to collect the Sewing Machine.

Details of beneficiaries registered and selected for three months:

Month	Cases Received for lottery	Sanctioned in Lottery	Forms Issued	Forms Received	Z	NZ
January-23	92	15	15	15	14	1
February-23	129	15	15	15	13	2
March-23	137	15	15	15	13	2

The Fourth cycle of Sewing Machine distribution was held on Saturday 11<sup>th</sup> March 2023 in the office premises. Total 29 Sewing Machines were distributed. These Sewing Machines were sponsored by Give India and 3 Individual donors. Dr. Ismat Gabula one of our well-wishers and donors grace the occasion as a guest.



Under our Ration Support Scheme, we distributed dry ration in 10 areas to around 393 families. We also distributed ration to the 34 elderly people of



Kaynaat Old Age Home, Uttan. Total beneficiaries in March, 2023 are 427.

First Iftar packet distribution programme was held on Sunday 19<sup>th</sup> March 2023 simultaneously at 2 places, Mahim (Landmark) and Mumbra (Crescent). Total

500 packets were distributed to deserving people, Mahim (392 packets) and Mumbra (108 packets).



Second Iftar packet distribution programme was held at 2 places simultaneously, one at Mahim (Landmark) and other at Mumbra (Crescent) on Thursday 30<sup>th</sup> March 2023.

Total 500 packets were distributed, Mahim (255 packets) and Mumbra (245 packets). On the same day i.e. Thursday 30<sup>th</sup> March, 2023 we distributed utensils to 100 families and Ration Kit to 800 families to the fire affected people of Appa Pada, Malad East.



**R.C. MAHIM MUNICIPAL URDU SCHOOL**

On 10<sup>th</sup> March 2023, Women's day Celebration and Prize distribution was conducted at R.C Mahim D.El.Ed College. Raju Tadvi (BMC Education officer) grace the occasion as Chief Guest and Mrs. Mamta Rao, Mrs. Almas Shaikh (Secondary B.O.), Ms. Afsha Qureshi (Pilot), Mrs. Mussarat (Retired Principal of S.T College of Education), Mr. Khalid Ahmed Yunus Khan (D.El.Ed. Principal), Mrs. Qaisar Ansari (Building Incharge), Mrs. Zubaida Khan (Secondary head Mistress) were guests of honor. Dr. Yasmeen Usmani (Educational Coordinator) and other BMC staff were also present.



On 16<sup>th</sup> March 2023, the Primary Farewell programme for Std-IV students was held in R.C. Mahim School. The Guests were Mr. Irshaad Khan (Portfolio member), Mr. Rizwan Coatwala (E.O), Mrs. Qaisar Ansari (Building Incharge), Mrs. Zubaida Khan (Secondary head mistress). Dr. Yasmeen Usmani (Educational Coordinator), Mrs. Yasmeen Sarfaraz (S.M.C), Mr. Ayaz Shaikh (S.M.C). B.M.C. Primary and MESCO teachers were also present for the programme. Different activities, like Quirat, Dua, farewell song etc, were performed by Std-III and Std-IV students of R.C. Mahim School. Educational kits were distributed to all Std-IV Students. There were around 75 students got educational kits. Medals and certificates were also distributed to those students who got 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Rank in Primary Sports day.

On 19<sup>th</sup> and 30<sup>th</sup> March 2023, Ramadan Ration Kits were distributed to deserving students of R.C Mahim D.El.Ed College, Secondary and Primary School at the MESCO office.



**MES, CRESCENT ENGLISH HIGH SCHOOL**

Science Exhibition was organized by TMC Department for Primary Section. The project exhibited was "Eco friendly bricks". Plastic bottles were used instead of bricks. The project was selected and sent to Thane for next level. 6 students appeared in the intermediate Drawing Examination and all cleared the examination with B Grade. 15 students appeared for the Elementary Drawing Examination. 5 students cleared the examination with 'B' Grade and 10 students cleared with 'C' Grade.

Inter School Drawing Competition was held at Dadaji Kondev Stadium. 20 students participated in the event from each school. All the schools from Kausa, Mumbra participated. Ms. Dhanse Rida Grade XI (Science Stream) stood 1<sup>st</sup> in Kalwa, Mumbra and received a trophy and certificate. Her Painting was appreciated by the Chief Guest, Visitors and Teachers. 13 Students of Std V and 17 Students of Std VIII had appeared for Maharashtra State Scholarship Examination, which was conducted in February 2022. Khan Maha Rehan Ahmed (Std V) is selected in K Category i.e General Urban area. She has scored 170 out of 298. Urban Area Ranking

is 401 out of 495.

• A webinar for Pre-Primary Teachers on Jolly Phonics was conducted by SAAR Education. The resource person Ms. Sue Lloyd briefed on "How teacher can teach reading and writing to children". By teaching letter sounds, story by action, letter formation, blending words identifying sounds, Digraphs (ck,sh,th,nk,ng), reading practice etc. Dictation is the most effective way of revising letter sound and practicing the skill needed for writing. It was a good interactive session. All the Pre-Primary Section teachers attended the session.

• The Teacher Training Foundation has been at the forefront of teacher training since 2022. Their programmes cater to the diverse needs of schools. TTF had offered these programmes online to facilitate continuous professional development anytime and anywhere. The programme was scheduled for 2 years. The first orientation programme was conducted on 12<sup>th</sup> June, 2021 and the felicitation programme was conducted on 23<sup>rd</sup> March, 2023. During this two years programme the online session was conducted every weekend for 2 hours. All the Primary & Secondary teachers attended the sessions. There were over all 20 modules. Graduation Ceremony was held by TTF. Around 50 schools participated in the ceremony. At the end heads and teachers were awarded for their hard work and dedication towards teaching field. The following staff were felicitated for their achievements.

- 1) Effort Appreciation Award – Mrs. Mumtaz Iqbal Patel (Headmistress).
- 2) The Impactful Teacher Award – Mr. Khan Javed Iqbal (Supervisor).
- 3) The Tech-Savvy Teacher Award – Ms. Hamida Abdul Qayyum (Primary Teacher).

• Hearty Congratulations to all ECCED students. ECCED Team (headed by Mrs. Mumtaz Patel) and all visiting faculties and Resource Person for the Excellent Results. A proud moment for MESCO Education Society as the first batch of ECCED affiliated by Maharashtra State Government passed with brilliant scores. 11 students appeared for the examination. 10 students passed with distinction & 1 student scored 1<sup>st</sup> class.

The highest score is 89.50  
7 students scored above 80  
3 students scored 75 & above  
1 student scored 1<sup>st</sup> class ie. 73.66

## MES, ANGELS' PARADISE NURSERY SCHOOLS



• Dr. Afshan Laheji (President IDA Mumbai) conducted dental checkup on 24<sup>th</sup> January, 2023 for the students of MES Angels' Paradise Nursery School Bandra West.

• Ms. Humera Shaikh Education Counsellor

MESCO conducted workshop on "Parenting on over all development of a child" for the parents of MES Angels' Paradise Nursery School Bandra West on 25<sup>th</sup> January, 2023.

• On 26<sup>th</sup> January, 2023 Republic Day was celebrated in all the Nursery Schools as Leaders Day.

• MES Angels' Paradise Nursery Schools Sports Day was held on 18<sup>th</sup>



February, 2023 at Datta Mandir Ground Mahim. Dr. Afshan Laheji, Mr. Dalvi (A.O. MESCO), Mr. Zahid Shaikh, Education Officer, MESCO Mr. Muniruddin Sayyed, General aid department MESCO, Ex-Teacher Mrs. Sanobar Ansari and Mrs. Akshata Ambolkar graced the occasion Students of MES Angels Paradise Nursery School Bharat Nagar, Bandra West and Dharavi participated.

• Admissions open at MES Angels' Paradise Nursery Schools running in slum areas. For inquiry kindly contact Mrs. Maniar 9892838632 / Mrs. Shaikh 9867827404.

MESCO Staff participated in Staff Training on "Team Building" held on Wednesday, 15<sup>th</sup> March 2023 at FIAMC at St. Pius Campus, Goregoan.

## HOW YOU CAN HELP US

- **INR 700/-** Single Dialysis cost for Kidney Failure patient.
- **INR 50,000/-** Sponsor a Dialysis patient for their 6 months dialysis cost (6 months dialysis support scheme).
- **INR 15,000/-** Enables us to support a patient for their diagnostic tests and monthly medicines for their chronic illness. (MA).
- **INR 30,000/-** Enables us to support a patient for their life saving high cost surgeries and treatments. (LSMA).
- **INR 8,000/-** a year will cover a child's School/College fees Educational Aid (EA).
- **INR 8,000/-** enable us to provide a Sewing Machine to a destitute women in order to make her self reliant.
- **INR 24,000/-** provides **dry Ration** to widow and her family for a whole year.
- **INR 25,000/-** per year helps a meritorious child to continue his/her education under Education Adoption Scheme (EAS).
- **INR 50,000/-** a year ensures professional education for a meritorious student under High Cost Education Scholarship (HCES).
- **INR 6,000/-** a year to sponsor a Nursery Child.
- **INR 1,60,000/-** a year, would sponsor a Nursery School in a poor locality.

## DONATE YOUR ZAKAT TO MESCO



Your Donation is exempted from IT under Section 80-G  
Donations from FOREIGN NATIONALS i.e. Non-Indian Passport holders are accepted in FCRA Account.  
Indian donors can donate online through our website  
**SBI Connect and CC Avenue**

All contributions to MESCO & MES may be made by Crossed Cheque/DD/Money Order Drawn in favour of  
"Modern Educational Social & Cultural Organization"  
and "MESCO Education Society" respectively.

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